

What to bring to NEKS

- Any tablets that you need to take on dialysis.
- Your own blanket and sheet.
- Wear loose warm comfortable clothes with sleeves that roll up easily.
- Something to read and glasses if needed.
- Something to eat if required.
- Headphones to listen to the TV or radio.

Refreshments

Tea, coffee and biscuits are provided for morning and afternoon tea. There are no facilities for heating food.

Charges for dialysis

There is no charge for dialysis. You will be billed for heparin (delivered from the local pharmacy) and any medication that is dispensed by the Austin Health pharmacy.

Parking

Parking is available in the South Preston shopping centre entrance on Milton Crescent. Note that clearway restrictions apply on Plenty Road.

Further Information

If you have questions or require further information you can contact NEKS staff on the numbers below.



NEKS staff: 94803088

Patient telephone: 94800041

Austin Health: 94965000

Social work: 94965560

North East Kidney Service (NEKS)

Information on NEKS for dialysis patients and their families

NEKS is a satellite haemodialysis unit where people who are well on dialysis are able to receive haemodialysis away from the hospital. This provides a less stressful setting for long-term dialysis.

NEKS is located at
80-84 Plenty Road
Preston 3072

Telephone: 9480 3088
Fax: 94168244



North East Kidney Service (NEKS)

NEKS is an open plan unit with 12 dialysis machines, 4 wall mounted TV's and a DVD player. Each patient is allocated a locker.

Dialysis times

NEKS is open from 7:15am to 8:30pm Monday to Saturday. The last person comes off dialysis by 8pm. You will be given an appointment time between 7:30am and 9am if you are dialysing in the morning or between 1:30 and 3pm if you are dialysing in the afternoon. People dialyse for different lengths of time and appointments are allocated to make the unit function efficiently for everyone. Most people dialyse 3 times a week.

When you transfer to NEKS the shift that you dialyse on depends on what vacancy is available at the time. We have a waiting list for people wanting to change to another shift. Notify the staff if you wish to be on this list.

The NEKS team

Patient Service Assistant (PSA)

PSA's keep the unit clean and tidy and also help with restocking supplies and will make your drinks while you are on dialysis.

Ward Clerk

The Ward Clerk answers the telephone, orders supplies and assists with patient enquiries and performs many other administrative tasks.

Nurses

The nurses perform your dialysis treatment. They will arrange for your routine blood tests and check the results. They can arrange for you to see other staff such as the dietitian or social worker.

Support staff

NEKS staff have access to renal medical staff and the machine technicians at all times. The social worker and dietitian are available to help you. You will need to make an appointment to see them at the hospital.

Doctors

Doctors do not routinely visit NEKS. They can be seen at regular outpatient visits or in their private consulting rooms. If you are ill at NEKS the nursing staff will contact a doctor. In an emergency you will be taken off dialysis and sent by ambulance to the emergency department at Austin Health.

Illness at home

For non urgent or general illness contact your own GP. If you are unwell at home and need to see a doctor urgently phone for an ambulance to take you to Austin Health's emergency department. The renal doctor will be contacted when you arrive there.

Medications

It is your responsibility to make sure that you have enough tablets. Your GP will prescribe your tablets once you leave the hospital. The hospital doctors will tell the GP what tablets you are taking.

Transport to NEKS

You must arrange your own transport to and from NEKS. If you require help with transport contact the renal social worker.